A RESOLUTION

To recognize May 2020 as Mental Health Awareness Month in Louisiana.

WHEREAS, the shared national experience of the COVID-19 pandemic has highlighted the problems of social isolation, depression, and anxiety in Louisiana and in the nation as a whole; and

WHEREAS, every year, twenty percent of Americans experience a mental illness; and

WHEREAS, during the COVID-19 pandemic, more than fifty percent of individuals have experienced mental health problems such as anxiety, stress, or depression; and

WHEREAS, seventeen percent of youth from the ages of six to seventeen have experienced a mental health disorder, and seventy percent of youth in the juvenile justice system have at least one mental health condition; and

WHEREAS, at least 8.4 million Americans provide care to an adult with an emotional or mental illness; and

WHEREAS, each year, depression and anxiety disorders cost the global economy one trillion dollars in lost productivity; and

WHEREAS, the National Alliance on Mental Illness, or NAMI, is an organization formed to help those who have a mental illness and their families; and

WHEREAS, the month of May 2020 has been designated by NAMI as Mental Health Awareness Month; and

WHEREAS, the theme of this year's celebration is "You are not alone", which conveys the message that, while Americans live in a time of social distancing, they are still interconnected with their communities and can take action to improve their mental health.
THEREFORE, BE IT RESOLVED that the House of Representatives of the Legislature of Louisiana does hereby recognize May 2020 as Mental Health Awareness Month in Louisiana and does hereby encourage all citizens in this great state to raise awareness of the need to improve mental health.

SPEAKER OF THE HOUSE OF REPRESENTATIVES