SLS 18RS-429 ORIGINAL

2018 Regular Session

SENATE CONCURRENT RESOLUTION NO. 11

BY SENATOR MILLS

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SPECIAL DAY/WEEK/MONTH. Recognizes March 2018 as National Kidney Month.

## A CONCURRENT RESOLUTION 1 2 To recognize March 2018 as "National Kidney Month in Louisiana". WHEREAS, an estimated thirty million Americans suffer with kidney disease and 3 4 many of those affected are unaware of their condition; and 5 WHEREAS, one in three American adults is at risk for chronic kidney disease; and 6 WHEREAS, in Louisiana, over four hundred and sixty thousand citizens suffer with 7 chronic kidney disease, over ten thousand are on dialysis at any given time, and over 8 eighteen hundred kidney patients in Louisiana await a life-saving kidney transplant; and 9 WHEREAS, it is critical that Louisianians are made aware of major risk factors for 10 kidney disease, which are diabetes, high blood pressure, and a family history of kidney 11 disease, while those over sixty years of age are at increased risk; and 12 WHEREAS, kidneys can become damaged from an inherited condition, a physical 13 injury, or a disease such as uncontrolled diabetes or high blood pressure; and 14 WHEREAS, recommendations for protecting the health of one's kidneys include: eating less salt and fat, regular exercise, maintaining a healthy weight, keeping both diabetes 15 16 and high blood pressure under control, not smoking, and not overusing nonprescription pain 17 medications, including Advil, Motrin, and Aleve; and

WHEREAS, kidney disease is often called the "silent killer" because so often its

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early symptoms go unnoticed; and

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WHEREAS, these early symptoms include high blood pressure, excessive fatigue, swelling of hands and feet, nausea and vomiting, decreased appetite, itchy skin, and difficulty sleeping; and

WHEREAS, in order to call attention to the serious health risks which contribute to the development of kidney disease, the month of March has been designated National Kidney Month and March 8, 2018, is World Kidney Day, and in conjunction with these events, the National Kidney Foundation of Louisiana is calling on all citizens of Louisiana to be attentive to both the risk factors and the symptoms of this widespread and, potentially lethal, health threat.

THEREFORE, BE IT RESOLVED that the Legislature of Louisiana does hereby recognize March 2018 as "National Kidney Month" in Louisiana.

BE IT FURTHER RESOLVED that a copy of this Resolution be transmitted to the National Kidney Foundation of Louisiana.

The original instrument and the following digest, which constitutes no part of the legislative instrument, were prepared by Mary Dozier O'Brien.

DIGEST 2018 Regular Session

Mills

Designates March 2018 as National Kidney Month in Louisiana.