

2018 Regular Session

SENATE RESOLUTION NO. 174

BY SENATORS CLAITOR, ERDEY AND WARD

SPECIAL DAY/WEEK/MONTH. Recognizes Wednesday, May 2, 2018, as National Get Fit Don't Sit Day at the state capitol and the American Diabetes Association for its pivotal contributions to a healthier future for the state.

1 A RESOLUTION

2 To recognize Wednesday, May 2, 2018, as Get Fit Don't Sit Day at the state capitol and the  
3 American Diabetes Association for its leadership in developing National Get Fit  
4 Don't Sit Day and encouraging everyone to be more active throughout the day.

5 WHEREAS, every twenty-one seconds, someone in the United States and Louisiana  
6 is diagnosed with diabetes, and approximately 575,000 people in Louisiana, or 15.3% of the  
7 adult population, have diabetes; and

8 WHEREAS, an additional 1,272,000 people in Louisiana, 37.5% of the adult  
9 population, have prediabetes and blood glucose levels higher than normal, but have not been  
10 diagnosed; and

11 WHEREAS, diabetes is the costliest disease in the nation; one of every four health  
12 care dollars is incurred by someone with diagnosed diabetes; one of every seven health care  
13 dollars is spent treating diabetes and its complications; and in Louisiana, diagnosed diabetes  
14 costs an estimated \$5.7 billion each year; and

15 WHEREAS, the serious complications of diabetes include heart disease, stroke,  
16 amputation, end-stage kidney disease, blindness, and death; and

17 WHEREAS, the risk for type 2 diabetes can be prevented or delayed in many  
18 individuals through healthy food choices, weight loss, exercise, other lifestyle changes

