2020 Regular Session

HOUSE BILL NO. 371

BY REPRESENTATIVE TURNER

ATHLETICS: Provides relative to the comprehensive sports injury management program for student athletics

1	AN ACT
2	To amend and reenact R.S. 40:1087.1(B)(1), (2)(introductory paragraph) and (b),
3	(3)(introductory paragraph) and (b), (4), and (F) and to enact R.S. 40:1087.1(B)(6)
4	and (7), and (I), relative to the health and safety of students who participate in
5	school-sanctioned athletics; to provide for an emergency action plan; to provide for
6	coaches certification program; to provide for sports injury management program; to
7	provide definitions; and to provide for related matters.
8	Be it enacted by the Legislature of Louisiana:
9	Section 1. R.S. 40:1087.1(B)(1), (2)(introductory paragraph) and (b),
10	(3)(introductory paragraph) and (b), (4), and (F) are hereby amended and reenacted and R.S.
11	40:1087.1(B)(6) and (7), and (I) are hereby enacted to read as follows:
12	§1087.1. Comprehensive sports injury management program for student athletics
13	* * *
14	B. The injury management program shall:
15	(1)(a) Establish a comprehensive emergency action plan for each sport
16	located on the school's campus set of injuries to be classified as "serious sports
17	injuries" for the purposes of the program and define the signs and symptoms of such
18	injuries .

1	(b) The emergency action plan shall be reviewed annually prior to each sport
2	season with all appropriate personnel who are designated by the athletic director's
3	office.
4	(c) The comprehensive emergency action plan shall follow the best practices
5	of the American College of Sports Medicine and the National Athletic Trainers
6	Association.
7	(2) Require that any coach, game official, on-field licensed healthcare
8	provider, or licensed athletic trainer remove a student from practice, training, or
9	competition if any of the following circumstances occur:
10	* * *
11	(b) The coach or <u>licensed</u> athletic trainer determines that the student exhibits
12	any defined sign or symptom of a serious sports injury.
13	* * *
14	(3) Ensure that any student who, in accordance with the provisions of this
15	Subpart, is safely removed from practice, training, or competition:
16	* * *
17	(b) May be allowed to return to practice, training, or competition only after
18	the student provides to the coach and an <u>a licensed</u> athletic trainer written
19	authorization from a health professional duly licensed in this state to provide
20	healthcare services or medical treatment.
21	(4) Require that For the purpose of serving the students, school, community,
22	and protecting public safety, each coach or official in school-sponsored or school-
23	sanctioned athletic activities certified by the Coaches Education and Certification
24	Program is required to receive annual documented training regarding the nature and
25	risks of serious sports injuries in accordance with the National Federation of High
26	School Coaches and the Louisiana High School Coaches Association.
27	* * *
28	(6) For each school participating in interscholastic athletics, follow best
29	practices for any activity that does not occur in a climate-controlled facility. These

1	practices shall follow the modified guidelines of the American College of Sports
2	Medicine and the National Athletic Trainers Association regarding the heat
3	acclimatization and wet bulb globe temperature policy. These policies shall occur
4	on all school campuses where summer conditioning, pre-season practices or games,
5	or fall or spring sports take place, or when a coach is present.
6	(7) For each school participating in interscholastic athletics, choose to have
7	a licensed athletic trainer available for practices and games to manage emergency
8	and nonemergency care for participants.
9	* * *
10	F. The Board of Elementary and Secondary Education (BESE) shall
11	promulgate, in accordance with the Administrative Procedure Act, any rules
12	necessary to implement the sports injury management program provided for in this
13	Subpart. In developing such rules, BESE may engage and solicit input from the
14	Louisiana State Board of Medical Examiners and the Sports Medicine Advisory
15	Committee of the Louisiana High School Athletic Association, and may incorporate
16	recommendations of those groups in any final rules providing for a comprehensive
17	sports injury management program.
18	* * *
19	I. As used in this Subpart, the following terms have the meaning ascribed to
20	them in this Section:
21	(1) "Heat acclimatization" means a series of changes or adaptations that
22	occur in response to heat stress in a controlled environment over the course of seven
23	to fourteen days. These adaptations are beneficial to exercise in the heat and allow
24	the body to cope with heat stress.
25	(2) "Wet bulb temperature globe" means a measure of the heat stress in
26	direct sunlight which takes into account temperature, humidity, wind speed, sun
27	angle, and solar radiation.

DIGEST

The digest printed below was prepared by House Legislative Services. It constitutes no part of the legislative instrument. The keyword, one-liner, abstract, and digest do not constitute part of the law or proof or indicia of legislative intent. [R.S. 1:13(B) and 24:177(E)]

HB 371 Engrossed	2020 Regular Session	Turner
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Abstract: Makes changes to the guidelines associated with the comprehensive sports injury management program for student athletics.

<u>Present law</u> requires each high school that sponsors or sanctions any athletic activity and which requires a participating student to regularly practice or train and compete to implement a sports injury management program.

Proposed law retains present law.

<u>Present law</u> requires the sports injury management program to establish a set of injuries to be classified as "serious sports injuries" for the purposes of the program and define the signs and symptoms of such injuries.

<u>Proposed law</u> deletes <u>present law</u> and adds as a requirement that the program shall establish a comprehensive emergency plan for each sport located on the school's campus. Further provides that the emergency action plan shall be reviewed annually before the beginning of each sport season. Each emergency action plan shall identify all personnel who are maintained on file by the athletic director. <u>Proposed law</u> also provides that the emergency action plan shall follow the best practices outlined by the American College of Sports Medicine and the National Athletic Trainers Association.

<u>Present law</u> requires that any coach, game official, on-field licensed healthcare provider, or athletic trainer remove a student from practice, training, or competition.

<u>Proposed law</u> retains <u>present law</u> and adds that the athletic trainer shall be identified as a licensed athletic trainer.

<u>Present law</u> provides that a student shall be removed from practice, training, or competition due to a serious sports injury.

<u>Proposed law</u> retains <u>present law</u> and adds that the student who suffers a serious sports injury shall be safely removed from practice, training, or competition.

<u>Present law</u> requires each coach to receive documented training regarding the nature and risk of serious sports injuries.

<u>Proposed law</u> retains <u>present law</u> and requires that coaches certified by the Coaches Education and Certification Program receive annual documented training regarding the nature and risks of serious sports injuries following the guidance with the National Federation of High School Coaches and the Louisiana High School Coaches Association. <u>Proposed law</u> is necessary to serve the students, school, community, and protect public safety.

<u>Proposed law</u> provides that each school who participates in interscholastic athletics shall follow best practices for all activities not occurring in a climate-controlled facility. The guidelines shall follow the modified guidelines of the American College on Sports Medicine and the National Athletic Trainers Association surrounding the heat acclimatization and wet bulb globe treatment policies. Further provides that these policies shall occur on school

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campuses where summer conditioning, pre-season practices or games, fall or spring sports, or when a coach is present.

<u>Proposed law</u> provides that each school having interscholastic athletics may have a licensed athletic trainer for practices and games to manage emergency and nonemergency care.

<u>Present law</u> requires the Board of Elementary and Secondary Education (BESE) to promulgate rules in accordance with the Administrative Procedure Act to implement provisions for a sports injury management program.

<u>Proposed law</u> retains <u>present law</u> and adds that the rules shall be promulgated for a comprehensive sports injury management program.

Proposed law defines heat acclimatization and wet bulb globe treatment.

(Amends R.S. 40:1087.1(B)(1), (2)(intro. para.) and (b), (3)(intro. para.) and (b), (4), and (F); Adds R.S. 40:1087.1(B)(6) and (7), and (I))