

2025 Regular Session

SENATE RESOLUTION NO. 187

BY SENATOR MCMATH

NUTRITION. Urges and requests Louisiana medical schools to integrate courses on nutrition and metabolic health into the medical school curriculum.

A RESOLUTION

To urge and request Louisiana medical schools to integrate courses on nutrition and metabolic health into the medical school curriculum.

WHEREAS, many medical schools across the United States provide minimal nutrition education despite lifestyle factors being the root of most chronic diseases; and

WHEREAS, this represents a major gap in physician training and lends itself to a reliance on prescription drugs as the first line of defense on treating chronic conditions; and

WHEREAS, nutrition is a major contributor to the rise of chronic diseases like obesity, type 2 diabetes, heart disease, and certain types of cancer; and

WHEREAS, nutrition plays a crucial role in patient well-being and with proper nutrition, a person may be able to avoid certain chronic diseases; and

WHEREAS, awareness of the impact of diet and poor nutrition on a person's overall health is rapidly evolving and new studies are emerging that will change the food people purchase and what they prepare and consume for themselves and their families; and

WHEREAS, physicians with nutrition training can provide more targeted and effective advice to patients, helping them make informed choices about their diet and lifestyle; and

WHEREAS, nutrition education can help physicians better understand the link

1 between dietary patterns and chronic diseases, enabling them to implement strategies for
2 prevention and early intervention; and

3 WHEREAS, evidence-based nutrition advice can lead to improved patient outcomes
4 and potentially reduce the need for costly interventions; and

5 WHEREAS, there are currently four medical schools in Louisiana, the LSU Health
6 Sciences Center in New Orleans, the LSU Health Sciences Center in Shreveport, the Tulane
7 University School of Medicine, and the Edward Via College of Osteopathic Medicine; and

8 WHEREAS, Xavier Ochsner College of Medicine, which will be the only HBCU
9 medical school in the Gulf South when it opens, has the opportunity to be on the cutting edge
10 of medical school nutrition education when it begins training physicians.

11 THEREFORE, BE IT RESOLVED that the Senate of the Legislature of Louisiana
12 does hereby urge and request Louisiana medical schools to integrate courses on nutrition and
13 metabolic health into the medical school curriculum.

14 BE IT FURTHER RESOLVED that a copy of this Resolution be transmitted to the
15 chancellor of the LSU Health Sciences Center in New Orleans, the chancellor of the LSU
16 Health Sciences Center in Shreveport, the senior vice president and dean of the Tulane
17 University School of Medicine, the president of the Edward Via College of Osteopathic
18 Medicine, and the president of Xavier Ochsner College of Medicine.

The original instrument and the following digest, which constitutes no part
of the legislative instrument, were prepared by Senate Legislative Services.
The keyword, summary, and digest do not constitute part of the law or proof
or indicia of legislative intent. [R.S. 1:13(B) and 24:177(E)]

	DIGEST	
SR 187 Original	2025 Regular Session	McMath

Requests La. medical schools to integrate courses on nutrition and metabolic health into the
medical school curriculum.