

2026 Regular Session

HOUSE BILL NO. 106

BY REPRESENTATIVE COX

DRUGS: Prohibits the administration of nonprescription medication to children without parental consent

1 AN ACT

2 To enact R.S. 14:91.16, relative to the administration of melatonin; to prohibit child day care
3 centers from providing melatonin without parental approval; to provide for penalties;
4 and to provide for related matters.

5 Be it enacted by the Legislature of Louisiana:

6 Section 1. R.S. 14:91.16 is hereby enacted to read as follows:

7 §91.16. Unlawful distribution of melatonin to children; child day care centers

8 A. It is unlawful for any child day care center, as defined in R.S. 14:91.15,
9 to provide a child with a melatonin sleep aid without prior consent of the child's
10 parent or legal guardian.

DIGEST

The digest printed below was prepared by House Legislative Services. It constitutes no part of the legislative instrument. The keyword, one-liner, abstract, and digest do not constitute part of the law or proof or indicia of legislative intent. [R.S. 1:13(B) and 24:177(E)]

HB 106 Original

2026 Regular Session

Cox

Abstract: Prohibits day care facilities from providing a child with melatonin without parental approval.

Proposed law prohibits a child day care facility from providing a child with melatonin unless the child's parent or legal guardian has previously consented.

Proposed law provides a penalty of a fine up to \$1,000 or up to 6 months in jail, or both.

(Adds R.S. 14:91.16)