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## DIGEST

The digest printed below was prepared by House Legislative Services. It constitutes no part of the legislative instrument. The keyword, one-liner, abstract, and digest do not constitute part of the law or proof or indicia of legislative intent. [R.S. 1:13(B) and 24:177(E)]

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HB 869 Original

2026 Regular Session

Lyons

**Abstract:** Requires health coverage for medication that improve glucose levels.

Proposed law provides definitions for "body mass index", "health coverage plan", "injectable drug", and "obesity".

Proposed law requires a health coverage plan renewed, delivered, or issued for delivery in this state to provide coverage for an injectable drug to lower glucose levels or for weight loss, if all of the following apply:

- (1) The drug has been approved by the United States Food and Drug Administration (FDA) for lowering glucose levels or for weight loss.
- (2) The drug that is approved by the FDA is prescribed by a licensed healthcare provider for the treatment of prediabetes, gestational diabetes, or obesity, and the covered person is diagnosed or previously diagnosed with prediabetes, gestational diabetes, or obesity, and the drug is medically necessary for the treatment of prediabetes, gestational diabetes, or obesity.
- (3) The drug is on the insurer's formulary or preferred drug list, if any.

Proposed law provides that a health coverage plan may apply annual deductibles, coinsurance, and copayment provisions as are consistent with those established under the health coverage plan and coverage may be subject to prior authorization.

Proposed law authorizes a health coverage plan to include a provision that the treatment for prediabetes, gestational diabetes, or obesity continue to be medically necessary as certified by a healthcare provider.

Proposed law authorizes a health coverage plan to require a covered person using an injectable drug to lower glucose or for weight loss to participate in a lifestyle management plan administered by the health coverage plan, if available.

Proposed law is effective for any new policy, contract, program, or health coverage plan in effect prior to Jan. 1, 2026, and for any policy, contract, or health coverage plan in effect prior to Jan. 1, 2026, the policy, contract, or health coverage in effect is required to conform to the provisions of proposed law on or before the renewal date, but no later than Jan. 1, 2027.

Effective upon the signature of governor or lapse of time for gubernatorial action.

(Adds R.S. 22:1028.7)