

2026 Regular Session

HOUSE RESOLUTION NO. 157

BY REPRESENTATIVE DICKERSON

COMMENDATIONS: Commends Baron Baker for his achievements in competitive weightlifting

1 A RESOLUTION

2 To commend Baron Baker for his achievements in competitive weightlifting.

3 WHEREAS, it is fitting to recognize Baron Baker for his inspiring determination and
4 resilience and to commend him for his achievements in competitive weightlifting; and

5 WHEREAS, Baron is the seventeen-year-old son of Caroline Baker and the late
6 Brandon Baker and the grandson of Richard and Ann Baker; his father was an international
7 weightlifter on the Gayle Hatch Weightlifting Team and was on the path to compete in the
8 Olympics before a brain injury impacted his career; his grandfather served with distinction
9 for many years as a Louisiana state representative and United States congressman; and

10 WHEREAS, Baron followed in his father's footsteps as a competitive weightlifter
11 and began training at Buhanda Strong Weightlifting Club in Baton Rouge, Louisiana; he
12 competed in the 2026 VIRUS Weightlifting Series 1 in Columbus, Ohio, from March 5
13 through March 8, 2026; and

14 WHEREAS, Baron overcame an eleven-hour flight delay and twenty-four hours
15 without sleep or food prior to arriving in Columbus; despite these challenges, he set
16 American records with a two hundred seventy-seven pound snatch; three hundred fifty-nine
17 pound clean and jerk, and six hundred thirty-six pounds of total weight lifted; and

18 WHEREAS, Baron earned the top position on the United States Youth World Team
19 and will represent the country at the Youth World Championship in Cali, Columbia, at the
20 beginning of July; and

1 WHEREAS, Baron is described by Coach Will Bujanda as an exceptional young
2 athlete whose dedication, discipline, and character distinguish him as one of the top youth
3 Olympic weightlifters in the United States; he has grown from a tall, lean, and quiet athlete
4 into the strongest youth male weightlifter in the country; and

5 WHEREAS, outside of competition, Baron is an Honors Society student at Episcopal
6 High School, where he balances academic excellence with the demands of high-level athletic
7 training; and

8 WHEREAS, Baron Baker embodies the values of discipline, humility, and purpose,
9 and his success is a product of not only his natural talent but also his character and
10 commitment to growth; he is truly deserving of recognition for his outstanding achievements
11 and for proudly representing the state of Louisiana on the national and international stages.

12 THEREFORE, BE IT RESOLVED that the House of Representatives of the
13 Legislature of Louisiana does hereby commend Baron Baker for his achievements in
14 competitive weightlifting and does hereby encourage him to continue his excellent work and
15 always strive for greatness.

DIGEST

The digest printed below was prepared by House Legislative Services. It constitutes no part of the legislative instrument. The keyword, one-liner, abstract, and digest do not constitute part of the law or proof or indicia of legislative intent. [R.S. 1:13(B) and 24:177(E)]

HR 157 Original

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