2026 Regular Session

HOUSE CONCURRENT RESOLUTION NO. 90

BY REPRESENTATIVE SPELL AND SENATOR MCMATH

SPECIAL DAY/WEEK/MONTH: Designates May 2026 as Mental Health Awareness Month in Louisiana

A CONCURRENT RESOLUTION

To designate May 2026 as Mental Health Awareness Month in Louisiana.

WHEREAS, mental health wellness is a key component of an individual's ability to manage emotions, build relationships, contribute to society, and cope with the challenges life presents; and

WHEREAS, mental health conditions can significantly disrupt an individual's life and lead to serious and life-threatening outcomes when left untreated; and

WHEREAS, each year, one in five adults experiences a mental health concern, and symptomatic individuals often experience delays with access to effective treatment and care; and

WHEREAS, individuals, families, communities, and organizations, including local mental health partners such as NAMI Southeast Louisiana, each play a role in supporting mental wellness and reducing the stigma around mental illness; and

WHEREAS, by supporting community-wide initiatives and public education focused on mental health wellness, Louisiana can improve the lives of individuals and families affected by mental health conditions.

THEREFORE, BE IT RESOLVED that the Legislature of Louisiana does hereby designate May 2026 as Mental Health Awareness Month in Louisiana; does hereby recognize the need for appropriate and accessible services for all people with mental health conditions; does hereby urge citizens, government agencies, public and private institutions, businesses, and schools in Louisiana to recommit to increasing awareness and understanding of mental health; and does hereby encourage Louisianians to take steps to protect their mental health.

DIGEST

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