

2026 Regular Session

HOUSE RESOLUTION NO. 251

BY REPRESENTATIVE CARVER

SCHOOLS: Requests the state Department of Education to study the feasibility of incorporating recess into schedules for elementary school students in grades kindergarten through three

1 A RESOLUTION

2 To urge and request the state Department of Education to study the feasibility of  
3 incorporating recess into schedules for elementary school students in grades  
4 kindergarten through three.

5 WHEREAS, evidence from the U.S. Centers for Disease Control and Prevention and  
6 other researchers shows multiple benefits that recess can provide to students from  
7 elementary through high school: improved academic outcomes, social and emotional  
8 learning, and boosts in overall well-being; and

9 WHEREAS, Louisiana does not require daily recess; R.S. 17:154.1 provides that the  
10 minimum school day for grades one through twelve in each public school is required to  
11 consist of three hundred sixty minutes of instructional time, exclusive of recess; and

12 WHEREAS, recess can be an essential component of the total educational experience  
13 for children, providing unstructured play opportunities that allow students to engage in  
14 physical activity and camaraderie with their peers.

15 THEREFORE, BE IT RESOLVED that the House of Representatives of the  
16 Legislature of Louisiana does hereby urge and request the state Department of Education to  
17 study the feasibility of incorporating recess into schedules for elementary school students  
18 in grades kindergarten through three.

1 BE IT FURTHER RESOLVED that in conducting the study, the department shall not  
2 prioritize the potential for required recess at the expense of the importance of educating the  
3 students of Louisiana.

4 BE IT FURTHER RESOLVED that the department shall report its findings and  
5 recommendations to the House Committee on Education no later than March 12, 2027.

6 BE IT FURTHER RESOLVED that a copy of this Resolution be transmitted to the  
7 state superintendent of education.

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DIGEST

The digest printed below was prepared by House Legislative Services. It constitutes no part of the legislative instrument. The keyword, one-liner, abstract, and digest do not constitute part of the law or proof or indicia of legislative intent. [R.S. 1:13(B) and 24:177(E)]

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HR 251 Original

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Carver

Requests the state Dept. of Education to study the feasibility of incorporating recess into schedules for elementary school students in grades kindergarten through three, and to report to the House Committee on Education no later than March 12, 2027.