

ACT No. 286

2026 Regular Session

HOUSE BILL NO. 106

BY REPRESENTATIVES COX AND CHASSION AND SENATORS ABRAHAM,
BARROW, AND HODGES

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AN ACT

To enact R.S. 14:91.16, relative to the administration of melatonin; to prohibit individuals from providing melatonin without parental approval; to provide for penalties; and to provide for related matters.

Be it enacted by the Legislature of Louisiana:

Section 1. R.S. 14:91.16 is hereby enacted to read as follows:

§91.16. Unlawful distribution of melatonin to children

A. It is unlawful for any person to provide a child with a melatonin sleep aid without prior written consent of the child's parent or legal guardian.

B. Whoever violates the provisions of this Section shall be fined not more than one thousand dollars or imprisoned for not more than six months, or both.

SPEAKER OF THE HOUSE OF REPRESENTATIVES

PRESIDENT OF THE SENATE

GOVERNOR OF THE STATE OF LOUISIANA

APPROVED: _____