

RÉSUMÉ DIGEST

ACT 286 (HB 106)

2026 Regular Session

Cox

New law creates the crime of unlawful distribution of melatonin for children.

New law prohibits an individual from providing a child with melatonin unless the child's parent or legal guardian has previously consented through writing.

New law provides a penalty of a fine up to \$1,000 or up to six months in jail, or both, for violations of new law.

Effective August 1, 2026.

(Adds R.S. 14:91.16)