

2020 Second Extraordinary Session

HOUSE RESOLUTION NO. 3

BY REPRESENTATIVE STAGNI

A RESOLUTION

To designate October 2020 as National Chiropractic Health Month in Louisiana.

WHEREAS, chiropractors are physician-level healthcare providers who focus on the whole person as part of their hands-on and nondrug approach to pain management and health promotion and who have special expertise in the prevention, treatment, and rehabilitation of musculoskeletal conditions and injuries; and

WHEREAS, chiropractors were identified in a March 2020 memo by the U.S. Department of Homeland Security as part of the essential healthcare workforce; and

WHEREAS, many chiropractors have continued to serve their patients and communities since the beginning of the COVID-19 pandemic; and

WHEREAS, with many Americans working from home and attending school online since the beginning of the pandemic, the incidence of musculoskeletal conditions has grown due to an increase in sedentary lifestyles, poor posture, and stress; and

WHEREAS, even before the pandemic, musculoskeletal conditions have been among the most commonly reported medical conditions for adults and seniors; and

WHEREAS, among adults and seniors, low back pain is the single leading cause of disability worldwide, a disability which prevents them from participating in daily recreational activities; and

WHEREAS, chiropractic care is widely recognized as one of the safest nondrug and noninvasive approaches available for the treatment of low back pain and other musculoskeletal complaints; and

WHEREAS, in addition to their expertise in spinal manipulation, chiropractors have broad diagnostic skills and are trained to recommend therapeutic and rehabilitative exercises and to provide nutritional, dietary, and lifestyle advice; and

WHEREAS, chiropractors recognize that physical activity can improve symptoms, decrease disability, and improve function and well-being in a range of chronic musculoskeletal conditions, in addition to reducing stress and anxiety and enhancing sleep quality and quality of life; and

WHEREAS, the low back pain treatment guidelines from the American College of Physicians, released in 2017, promote the use of noninvasive and nondrug approaches such as spinal manipulation as a first line of defense against back pain, and groups such as the Centers for Disease Control and Prevention and the Joint Commission have also expressed support for the use of this approach; and

WHEREAS, during National Chiropractic Health Month 2020, the citizens of Louisiana are reminded that noninvasive and nondrug treatments for low back pain and other musculoskeletal conditions, combined with an active and healthy lifestyle, may lessen or eliminate the need for riskier and potentially addictive treatments such as prescription pain medications and surgery; and

WHEREAS, the American Chiropractic Association's "Active and Adaptive" campaign promotes the benefits of movement, good posture, healthy living, and a nondrug approach to pain management.

THEREFORE, BE IT RESOLVED that the House of Representatives of the Legislature of Louisiana does hereby designate October 2020 as National Chiropractic Health Month in Louisiana and does hereby encourage the citizens of the state of Louisiana to practice an active and healthy lifestyle and to embrace noninvasive and nondrug approaches for musculoskeletal conditions.

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SPEAKER OF THE HOUSE OF REPRESENTATIVES