

2015 Regular Session

HOUSE CONCURRENT RESOLUTION NO. 88

BY REPRESENTATIVE REYNOLDS

A CONCURRENT RESOLUTION

To recognize the culinary uniqueness of North Louisiana and to recognize its official meal.

WHEREAS, Louisiana is filled with abundant varieties in culture, tastes, and music, and is especially heralded around the world for its distinctive, savory foods; and

WHEREAS, Chef Hardette Harris, a well-known and respected North Louisiana culinary entrepreneur, has coined the phrase, "straight from the red dirt and fresh waters of North Louisiana, we offer you our soul in a bowl" and has cobbled a list of favorite dishes served in North Louisiana that express the flavor of the region; and

WHEREAS, while culinary staples like fried catfish, fried chicken, and barbecue ribs; fresh greens, peas, and beans cooked with smoked neck bones and ham hocks; rice and gravy, potato salad, and fried okra; hot water cornbread and homemade biscuits; desserts like sweet potato pie, pecan pie, and pound cake; and cool drinks like sweet tea may be found throughout the length and breadth of Louisiana, North Louisiana chefs make special claims to these and certain other dishes as tasting best when prepared by chefs from "up north"; and

WHEREAS, it is appropriate to recognize the proud cuisines birthed from the mix of ethnic heritages and identities that, blended together, produce these recipes for delightfully edible comestibles.

THEREFORE, BE IT RESOLVED that the Legislature of Louisiana does hereby recognize the unique contribution North Louisiana has made to the flavors of the state and does hereby recognize the official meal of North Louisiana as consisting of a combination of one or more selections from the following dishes and courses:

Appetizer	Mini Natchitoches Meat Pie
Main Dish	Fried Catfish Fried Chicken Barbecue Ribs Barbecue Chicken Barbecue Smoked Sausage Baked Ham
Greens	Cabbage Collards Mustards Turnips (cooked with Smoked Neck Bones and/or Smoked Ham Hocks)
Peas and Beans	Black Eye Purple Hull Pinto Butter (cooked with Smoked Neck Bones and/or Smoked Ham Hocks)
Side Dishes	Baked Sweet Potato Rice with Gravy Potato Salad Fried Okra
Breads	Hot Water Cornbread Skillet Cornbread Homemade Biscuits
Desserts	Sweet Potato Pie Pecan Pie Pound Cake Peach Cobbler Fruit Salad (sliced watermelon chunk topped with fresh blueberries, peaches, and strawberries)
Condiments	Homemade Mayhaw and Plum Jelly Cucumber, Tomato, Onion, and Green Onion Salad Hot Sauce Homemade Pepper Sauce Cane Syrup
Beverage	Sweet Tea

SPEAKER OF THE HOUSE OF REPRESENTATIVES

PRESIDENT OF THE SENATE